



KENT COUNTY PARKS & RECREATION Fall Newsletter



KCPR

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Fall Into Fitness!

Aerobics with Brenda Rose

Ages: Adult
Dates: Ongoing Beginning
September 7th
Days: Tuesdays and Thursdays
Time: 5:30 pm - 6:30 pm
Place: Community Center
Cost: \$6 per class

This class is designed for the beginner or returning student to improve cardiovascular fitness levels, tone muscles and increase muscle strength and flexibility. Class format includes a segment using light hand weights to tone and strengthen major muscles, a basic floor work exercise for abdominal core strengthening. Students are given low and high impact options. Call 410-778-2083 or email info@KentParksAndRec.org for more information.



If you are interested in teaching morning or evening fitness classes please call the Parks and Recreation office as soon as possible.

Zumba with Sarah Snyder

Ages: Adult
Dates: Ongoing
Days: Mondays and Wednesdays
Time: 5:20 pm - 6:20 pm
Place: Community Center
Cost: \$6 per class

ZUMBA combines high energy and motivating music with unique moves and combinations that allow participants to dance away their worries. It is based on the principle that a workout should be "FUN and EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Call 410-778-2083 or email info@KentParksAndRec.org for more information.



Fitness has never been so fun!

Theme Nights!

Open to Facility Access Card Holders Only.

Family Night

Ages: All
Date: September 24th
Day: Friday
Time: 7 pm - 9 pm
Place: Community Center
Cost: Free!

Come enjoy all the Community Center has to offer with a fun filled family night! Call 410-810-5948 or email info@KentParksAndRec.org for more information.

Tween Night: Halloween

Ages: 10 - 13
Date: October 22nd
Day: Friday
Time: 6:30 pm - 8:30 pm
Place: Community Center
Cost: Free!

Enjoy a night of fun filled activities and music for youth ages 10 - 13. Light refreshments will be provided. Call 410-810-5948 or email info@KentParksAndRec.org for more information.



Weather
Cancellation
Hotline

410-810-3755

KCPR Sports Department

Youth

Registration for the following:
August 31st - October 30th

Hoop Jam

Ages: 6 - 8
Dates: November 2nd - December 16th
Days: Tuesdays and Thursdays
Time: 5:30 pm - 6:30 pm
Place: Garnett Elementary School
Cost: \$20 per player

Hoop Jam is designed to give boys and girls a solid foundation in the game of basketball while having fun and playing with their friends. This is a great program at an affordable price, so please come out and be a part of the fun! Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Youth Basketball

Ages: 9 - 13
Dates: November 1st - March
Days: Girl's practices are Mondays and Wednesdays, Boy's practices are Tuesdays and Thursdays, Games are held on Fridays.
Place: Kent County Middle School, Rock Hall and Galena Elementary Schools, and some games at Community Center
Cost: \$40 per player

Basketball is one of the most popular and fastest growing sports in Kent County! Participants will have the opportunity to learn the game from great coaches while having fun playing with their friends. Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Junior Wrestling

Ages: 1st - 8th Grades
Dates: November 2nd - March
Days: Tuesdays and Thursdays
Time: 5:30 pm - 7 pm
Place: Community Center
Cost: \$40 per wrestler

Come be a part of a rich history of great wrestling in Kent County. The Junior Wrestling Program is a member of the Upper Chesapeake Wrestling League, giving young wrestlers the opportunity to compete against some of the best wrestlers in Maryland. Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Youth Sports Continued...

Sports for Youth with Disabilities

Ages: 1st - 12th Graders
Dates: November 3rd - April 27th
Days: Wednesdays
Time: 5:30 pm - 7 pm
Place: Community Center
Cost: \$3 per player per day or \$20 per participant for the season

Sports for Youth with Disabilities is an open gym program designed so children with any type of disability can participate in sports, particularly if their disability makes it difficult for them to join other main stream programs. Activities will be tailored to meet the interest and ability level of participants. The participants will learn basic skills and participate on an individual basis with a small group in a variety of sports. A parent or guardian is required to attend and may help or participate as needed. Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Start Smart Sports

Ages: 3 - 5
Dates: November 1st - May 2nd
Days: Mondays
Time: 5:30 pm - 6:30 pm
Place: Community Center
Cost: \$15 per player per sport or \$45 for all 4 sports

The Start Smart Sports development program is an exciting and innovative approach to helping children as young as three years old learn and develop basic motor skills - like throwing, catching, kicking and hitting - *with their parents!* This is a great way to help children to learn skills and build confidence, as well as develop friendships and parental relationships. Each sport meets for 6 sessions over a 6 week period:

Soccer: Nov. 1st - Dec. 6th
Basketball: Jan. 3rd - Feb. 7th
Baseball: Feb. 14th - March 21st
Football: March 28th - May 2nd



"I don't believe professional athletes should be role models. I believe parents should be role models..."
~Charles Barkley

Adult

These are adult programs.
Please do not bring children.

Adult Co-ed Drop-In Ping Pong

Ages: 16 and up
Dates: Ongoing
Days: Tuesdays and Fridays
Time: 10 am - 12 pm
Place: Community Center
Cost: \$3 per player per day or \$60 full year (closed some holidays)

Adult Co-Ed Drop-In Basketball

Ages: 18 and up
Dates: November 8th - March 17th
Days: Mondays, Wednesdays, and Thursdays
Time: 7:30 pm - 9:30 pm
Place: Kent County Middle School, Mon. & Wed. Galena Elementary School, Mon. & Wed. Community Center, Thurs.
Cost: \$3 per player per night or \$20 per play for the season

Whether you lay up or slam dunk get involved in our basketball program. It is sure to bring fast and fun hoop action!

Adult Co-ed Kickball

Ages: 18 and up
Dates: September 30th - December 9th
Days: Thursdays
Time: 6 pm (under the lights)
Place: Worton Park
Cost: \$150 per team

Adult Co-ed Drop-in Indoor Soccer

Ages: 18 and up
Dates: November 2nd - April 26th
Days: Tuesdays
Time: 7:30 pm-9:30 pm
Place: Community Center
Cost: \$3 per player per night or \$20 per player for the season

Looking for a fun way to keep in shape and keep your skills sharp through the winter months? Join us at the Community Center every Tuesday to play the fastest game on 2 feet!

Adult Co-ed Drop-in Multi-Sports

Ages: 18 and up
Dates: November 3rd - April 27th
Days: Wednesdays
Time: 7:30 pm - 9:30 pm
Place: Community Center
Cost: \$3 per player per night or \$20 per player for the season

This fun league is a great way to keep active through the winter months! Some of the sports we will play include Wiffle Ball, Dodgeball, Volleyball, and Flag Football. The sport will rotate so every week we are doing something different. If you have any ideas for sports you would like to play, let us know!

Call 410-778-1957 or email info@KentParksAndRec.org for more information on any of the programs on this page.

Youth Sport Leagues

The following organizations are independently governed. Please direct all questions or concerns to the league representative listed below.

Kent County Shore Sticks Field Hockey

Ages: 3rd - 5th Grades (Junior)
6th - 8th Grades (Senior)
Dates: August - October
Days: Various
Cost: Varies depending on date registered
Contact: Jeanne Yeager at 410-778-0554 or email jyeager@mscfv.org

Pop Warner Football & Cheerleading

Ages: 5 - 15
Dates: August - November
Days: Weekday evening practices, Saturday games
Cost: \$70
Contact: Deanna Walls at 410-708-5492 or email bdhwalls@aol.com

Kent Youth Soccer

Ages: 4 - 5 (Little Kickers)
6 - 7 (Co-Ed U8)
8 - 9 (U10)
10 - 11 (U12)
12 - 13 (U14)
Dates: August - October
Days: Various
Cost: Varies depending on date registered
Contact: Bill Lobley at 410-778-9074 or email blobley@peoplepc.com

Dance your way into the new season

Introduction to Tumbling & Gymnastics

Ages: 2 - 11
Dates: September 11th - October 30th
Days: Saturdays
Time: Tiny Tumblers, 9:25 am - 10 am
Munchkins in Motion, 10:15 am - 11 am
Primary/Beg., 11:15 am - 12:15 pm
Place: Community Center
Cost: \$50 per tumbler per session or \$120 for all sessions (Fall - Spring)

Introduction to Ballet, Jazz and Tap

Ages: 5 - 12
Dates: September 28th - November 30th
Days: Tuesdays
Time: Baby Ballet, 6:15 pm - 7 pm
Kinder Ballet, 7 pm - 8 pm
Place: Community Center
Cost: \$50 per dancer (plus recital costume)
Uniform: Black leotard, pink tights, pink or black ballet shoes, tap shoes

Ballroom Dance classes will resume in January!

If you are interested in teaching Youth Hip Hop or other dance classes please call the Parks and Recreation office as soon as possible.

Whether it's tumbling into a pile of leaves or jumping off the side of your couch at home chances are your child is full of energy. Let us teach them to harness their energy and apply it to Tumbling and Gymnastics! **Tiny Tumblers (ages 2 - 3)** introduces tumblers to movement and space and requires parent participation. **Munchkins in Motion (ages 4 - 5)** is an introductory program that emphasizes tumbling, rolls, balance, strength, and coordination. **Primary and Beginner (ages 6 - 11)** introduces floor routines, balance beam, vaulting and uneven bars. Call 410-778-2083 or email info@KentParksAndRec.org for more information.

Swan Princesses and Billy Elliott's unite! Students will be introduced to the world of ballet, jazz, and other dance genres as well as learn a variety of basic steps such as shuffle dig, heel drops, and top taps. Call 410-778-2083 or email info@KentParksAndRec.org for more information.

Miss Tasha is excited to be back as instructor for the 2010-2011 Gymnastics season!



Youth/Teen School Year Activities

Tots of Fun

Ages: Preschoolers
Dates: Beginning November 16th
Days: Tuesdays
Times: 10 am - 11:30 am
Place: Community Center
Cost: Free!

Need to get the little ones out of the house during these chilly months? Join other parents and children for drop in play time for preschoolers! It is the perfect opportunity to promote socialization, sharing, and fun! Some balls and scooters are provided but please feel free to bring your own indoor toys. Call 410-778-2083 or email info@KentParksAndRec.org for more information.

Elem. After School Program

Ages: Kindergarten - 5th grade
Dates: First day of school to last full day of school
Days: Monday - Friday
Time: School dismissal to 6 pm
Place: Garnett, Galena, Millington, Rock Hall and Worton Elementary Schools
Cost: \$60 per month

Are you looking for a fun, safe, structured environment for your children after the school day. Parks and Recreation offers an after school program designed for school age children that include arts and crafts, educational themes, homework time, sports and recreational activities. Spaces fill quickly! Call 410-778-2083 or email info@KentParksAndRec.org for more information.

High School Age Drop-in Recreation Center

Ages: High School Age Students Only
Dates: First day of school to last full day of school
Days: Monday - Friday (when school is in session)
Time: 2:45 pm - 5:00 pm
Place: Community Center
Cost: Free for Facility Access Card holding students

Schools over, but you're not ready to go home yet? Come to the Community Center for some open gym time and bring your friends! The following amenities are also available for your enjoyment:

- ⇒ Computer lab with internet access (black/white printing for a nominal fee)
- ⇒ Wireless internet throughout the building
- ⇒ Lobby games including foosball, air hockey, and ping pong
- ⇒ Multi-purpose room for serious fitness training
- ⇒ Large flat screen T.V. in the lobby
- ⇒ Chairs and tables for socializing

"Creating balanced opportunities for our patrons to play, learn, and grow through our programs and parks."

Special Events and Bus Trips!

Disney on Ice: Toy Story 3

Date: October 30th
 Day: Saturday
 Location: 1st Mariner Arena, Baltimore
 Time: Departure 8:30 am
 Return approximately 3:30 pm
 Cost: \$40 per seat, includes transportation and show ticket

Call 410-810-5948 or email info@KentParksAndRec.org for more information.

New York City-Day on Your Own!

Date: October 16th
 Day: Saturday
 Location: St. Patrick's Cathedral, New York
 Time: Departure 6 am
 Return approximately 11 pm
 Cost: \$50 per person

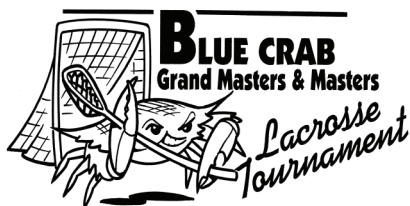
Call 410-810-5948 or email info@KentParksAndRec.org for more information.

Santa's Workshop

Ages: 12 and under
 Date: December 4th
 Day: Saturday
 Time: 1 pm - 4 pm
 Place: Community Center
 Cost: \$7 if registered by 4:30 pm, Nov. 23rd
 \$9 if registered after early registration

Children and families will love to participate in this seasonal gathering featuring Santa! Come enjoy crafts, refreshments, and don't forget your list! All crafts, refreshments, and pictures with Santa are included in the cost. Call 410-810-5948 or email info@KentParksAndRec.org for more information.

SCOTT D. LIVIE MEMORIAL



Scott D. Livie Memorial Blue Crab Grand Masters Lacrosse Tournament

Date: September 18th and 19th
 Days: Saturday and Sunday
 Place: Worton Park
 Cost: Free for spectators
 \$500 team entry fee

Bring the family and join us for a weekend of live action sports competition! Call 410-778-1957 or email info@KentParksAndRec.org for more information.

Updates and important information

So far 2010 has brought many new and exciting changes to KCPR! The Community Center has opened and has received amazing feedback, especially for the Community Center Pool! In addition, we have the pleasure of announcing two new members to the KCPR family. We are excited to begin another fun and exciting Fall serving you and your family!

⇒ Congratulations Stacey Clough as she takes on a new role as the department's Recreation Supervisor beginning September 1st.

⇒ Welcome to Antoninette Campbell who has been hired as our newest Recreation Program Coordinator beginning September 1st.

⇒ Welcome to Christina Fox who joins the Parks and Recreation Department as our Office Assistant.

⇒ Thank you and good luck to all of our terrific summer staff! We hope you join us again next year!

⇒ Congratulations to this summer's Employee of the Summer, Jordan Merritt!



Ages 55+ KCCC has something for you too...

Drop-in Senior Games

Ages: 55+
 Dates: Beginning November 18th
 Days: Thursdays
 Times: 10 am - 11:30 am
 Place: Community Center
 Cost: Free!

Come enjoy the Community Center and each other while participating in various activities. Activities include cards games, shuffle board, bowling, and more. Call 410-778-1948 or email info@KentParksAndRec.org for more information.



Certification Courses

Safe Boating

Ages: 12 and older
 Dates: October 25th, 26th, 28th
 Days: Monday, Tuesday, Thursday
 Time: 6 pm - 9 pm
 Place: Community Center
 Cost: \$25 per person

Sign up today, space is limited to 20! Minimum of 10 participants by October 20. Call 410-778-1948 or email info@KentParksAndRec.org for more information.

CPR/First Aid

Dates: October 16th
 Day: Saturday
 Time: 9 am - 12 pm, CPR
 1 pm - 4 pm, First Aid
 Place: Community Center
 Cost: \$22 per class

Sign up today, space is limited to 20 participants per class! A minimum of 10 participants must be enrolled by October 5th, 2010 in order to hold the class. Sign up for one class or both, the choice is yours. Call 410-778-1948 or email info@KentParksAndRec.org for more information.

Kent County Community Center

A Facility Access Card is required for all patrons who are utilizing the new Kent County Community Center.

For larger public events (tournaments, rentals, etc.) patrons who do not have an access card will be required to sign-in manually.

Building Information

The building will be open for public use as follows:

May 1st - October 31st

Sunday Closed
Monday - Saturday 8:30 am - 6 pm

November 1st - April 30th

Sunday Closed
Monday - Friday 8:30 am - 9:30 pm
Saturday 8:30 am - 6 pm

Administration Hours

8:30 am - 4:30 pm

The Community Center will be **CLOSED** the following dates:

September 3rd
September 6th
November 24th, 25th, 26th
December 23rd, 24th, 25th
December 31st
January 1st



*The facility will be utilized as a high school age drop-in recreation center from 2:45 pm - 5 pm during the school year (late August - mid June).

Facility Access Cards

(expires one year from date of purchase)

Access Card Fees

In-County Rates		Out-of-County Rates	
Ages 10 - 21	\$5.00	Ages 10 - 21	\$10.00
Adults	\$10.00	Adults	\$20.00
Seniors 55+	\$5.00	Seniors 55+	\$10.00

Replacement Card Fees

In-County Rates		Out-of-County Rates	
Ages 10 - 21	\$10.00	Ages 10 - 21	\$20.00
Adults	\$20.00	Adults	\$40.00
Seniors 55+	\$10.00	Seniors 55+	\$20.00

FAMILY PLANS

(must reside in the same **Kent County** household)

Family of 4	\$25.00
Each additional family member	\$3.00

(discount only given if purchased in a single transaction)

ORGANIZATION PLANS

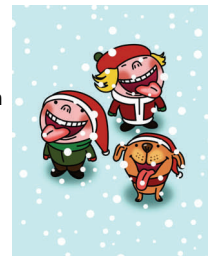
(Kent County care based organizations)

- Maximum of 15 attendees per visit \$45.00
- Attendance must be during public hours
- Must call ahead to confirm drop-in availability
- Must provide an attendance sign in sheet naming attendees

Inclement Weather Announcement Policies

- Weather closing information and general announcements are posted on
- the **Parks and Recreation home page bulletin board at**
- **www.KentParksAndRec.org** and our **Weather Cancellation**
- **Hotline at 410-810-3755 (usually no later than 7:30 am the day**
- **in question when weather related).** Whenever possible (we will do
- our best, but can't guarantee this will always happen), a courtesy email
- will be sent to individuals who have provided an email address for an-
- nouncements and notifications. If you do not receive an email and
- weather is questionable, please visit our website homepage or call the
- Weather Cancellation Hotline. To be added to our email list please send
- an email to info@KentParksAndRec.org and request to be added.

- **Kent County Community Center:** In general,
- when Kent County Public Schools are closed, close
- early, or cancel evening programs due to inclement
- weather, all regularly scheduled Parks and Recreation
- programs at public schools and County facilities are
- closed. In this case (generally), the Community Cen-
- ter will be open to the public on a drop in basis
- when Kent County Government offices are open,
- however the operating schedule may be adjusted as
- needed as weather conditions warrant or in case of
- emergencies.



- **School Year (September—May):** In general, if Kent County Public
- Schools (KCPS) are closed, close early, or cancel evening programs, all
- KCPR programs at the Kent County Community Center (KCCC), a
- KCPR facility, or a public school site are closed. If KCPS are one hour
- or 90 minutes late, morning programs will be open. If KCPS are two
- hours late, morning programs will be closed.

- **Weekend/Summer:** In general, announcements for
- weekend and/or summer programs and events held at
- the KCCC or a KCPR facility are posted by 8 am on
- the day in question. Decisions for programs with a
- start time before 8 am will be posted by 10 pm the
- night before.





Our Mission

Creating balanced opportunities for our patrons to play, learn and grow through our programs and parks.